Blog #10—Some Days are Just a Blur

Personal Reflection:

What makes you feel overwhelmed and heavy burdened?	
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2. How do you get intentional about "slowing down"?	

. How long does it take you to surrender to your own exhaustion?				
What lessons keep	recycling in your life? How will you know if you are ready to learn them			
nd pass the test?				

Blog #10: Bible Study Application

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"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

--Matthew 11:28-30 (NIV)

Read, write and memorize:	
Study: When you study your life, what do you see? What observations can you make? What is	
S tudy: When you study your life, what do you see? What observations can you make? Who God speaking into your life as you read, write and meditate on this Scripture?	hat is

gging deeper into this S	ou find the importance, relevance or practical application to be whe Scripture?
Prayer: Dear Lord, after	er spending time with You today, please help me follow Your plan.
ear my prayer:	