## **Blog #4—Multi-tasking Part I: Doing One Thing at a Time**

## **Personal Reflection:**

1. What are some things you find yourself doing in a multi-tasking mode—maybe even without
thinking?
2. How does your body and mind feel while you are multi-tasking or right after?

3. What will you need to do in order to <i>slow down</i> your days and intentionally seek out	His
signposts?	
4. How will this help you catch your breath and keep moving in the right direction?	

## **Blog #4: Bible Study Application**

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The revelation of GOD is whole and pulls our lives together. The signposts of GOD are clear and point out the right road. The life-maps of GOD are right, showing the way to joy.

--Psalm 19:7-8 (The Message)

Read, write a	nd memorize:					
		<del></del>			<del></del>	
<u>S</u> tudy: Whe God speaking	en you study yo g into your life	our life, what do as your read, w	o you see? Wherite and medit	at observation ate on this Sci	ns can you mak ripture?	xe? What is

rayer: Dear Lord, after spending time with You today, please help me fooday.	ollow Your plan
ear my prayer:	