



3. In what truth from God's Word can you anchor your soul to believe? \_\_\_\_\_

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4. Are you willing to surrender and take a deeper look within? \_\_\_\_\_

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5. What will it take for you to surrender to this path of transformational healing? \_\_\_\_\_

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**SSR Prayer**  
**Bible Study Application:**

Scripture:

*Hebrews 12:1-3:* Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

*Read, write and memorize:*

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Study:

When you study your life, what do you see? What observations can you make? What is God speaking into your life as your read, write and meditate on this scripture?

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